

# eConsult

## Frequently Asked Questions

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### What do I do if eConsult is telling me to contact my Medical Practice?

If the eConsult system requests you contact the practice, please phone us on 01773 514 130. If we are closed, please call 111 for advice.

### Who is data that a patient discloses on eConsult shared with?

The data that a patient shares on eConsult is not shared with any third party companies.

It is processed by Patient Care Advisors at Ivy Grove Surgery and then reviewed by the clinical team.

### What is eConsult and how does it work?

eConsult is an online system that prompts patients to provide information that describes their current medical concern. Patients will be asked questions about their symptoms and it will only take a few minutes to complete. The completed form is called a health questionnaire.

After adding some personal details, to verify your identity, the eConsult system first uses built-in clinical knowledge to determine if help is needed more quickly than the Practice can provide e.g. emergency services.

In these cases, the system will stop processing the request and suggest how to seek urgent medical advice. Otherwise the system submits the health questionnaire to the Practice where it is reviewed by our clinicians within 24 hours. We aim to contact you within 24 hours.

For example:

- If our clinicians decide that an appointment is needed, they will text you with a date and time.
- If a Fit Note is requested, an email or text will be sent to inform when this is ready for collection
- In the case of a minor illness, such as new cough or cold, we could text to advise a visit the pharmacy in the first instance

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### Why are we using eConsult for Ivy Grove Surgery?

NHS England has mandated that access to appointments online is operating at all GP Practices by April 2020.

In response to this, a growing list size and feedback that Ivy Grove Surgery have received from its patients, we have undertaken a comprehensive review of our appointment system. Patients felt they were waiting too long on the phone to get through to make an appointment and all too often the appointments were fully allocated.

To improve the situation, one of the changes we are making is to deploy a system using eConsult.

eConsult may be completed at any time and from any internet device. It can be completed from the comfort of your own home, on a tea-break, or on the train to and from work. The review of the health questionnaire by a Clinician takes place during normal Surgery working hours.

If the condition can be managed without contacting the Surgery, eConsult can guide towards trusted medical advice as well as relevant local services, such as pharmacy support.

Requests made on eConsult may be clinical or administrative in nature. In many cases the condition may not generate the need for a face-to-face appointment. This frees-up more GP time and appointments for those that really need to see a GP.

The eConsult service can be trusted and is completely confidential. It was built for NHS GPs by NHS GPs, and is the leading online consultation provider across the UK.

We believe that eConsult will allow us to offer more convenient access to information and advice. It will also allow us to prioritise patients who need more urgent care, or need to be seen face-to-face, whilst still enabling us to provide advice to patients who have less urgent needs.

### What if a patient has no way of accessing the website or cannot use technology?

We would encourage all our patients to try and complete the health questionnaire on our website, either by themselves or with help from family or friends. This saves time for you and us.

If not, please phone the Surgery and one of our trained Patient Care Advisors will take you through the health questionnaire, and complete it with you over the phone. If everyone is busy helping other patients, someone will call you back. You will not be penalised because you were not able to complete the health questionnaire yourself.

Calling the Surgery to complete a health questionnaire over the phone will not mean patients are seen quicker than those who complete the health questionnaire on our website. All the health questionnaires will be seen by our clinical triage team and dealt with in the same way.

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Important Notice – If a patient cannot use the internet, they should be prepared to provide information to our trained Patient Care Advisors in order for them to complete the questionnaire on their behalf.

### **What if the eConsult system is telling a patient to access urgent care such as NHS 111 and A&E but they know they have seen a GP correctly for it in the past?**

All patients are advised to follow the advice given by eConsult as this is correct on the back of the information a patient has given the system.

If you disagree with the advice given patients are given the opportunity to amend their answers.

Patients are recommended to be honest when answering the questions and it is important to understand that eConsult has been designed to advise ALL patients; from those who are fit and well to those who need urgent and in some cases emergency care.

### **What if the patient receives a text message with an appointment time and date that they cannot attend?**

If this happens don't worry we advise all patients via text that they can contact us and our Patient Advisors will look to move their appointment to a time that is suitable.

#### **HINT**

Always let us know if there is a time that you cannot take a call or attend the surgery in a free text area of the eConsult questionnaire. We cannot guarantee that we will manage it but we will always look to accommodate.

### **What if the patient receives a text message asking for more information, do they need to complete another eConsult?**

Yes and where possible the clinician reviewing your eConsult will guide you to the necessary questionnaire to complete. We recognise that this is a new system and there is a lot on information to process.

#### **HINT**

Always use the search box in the first instance to find the correct questionnaire for you i.e. back pain.

### **How do I access eConsult?**

eConsult will be available on the practice website [ivy.gs/econsult](http://ivy.gs/econsult) Monday 6.00am through to Friday 6.30pm. At the end of the questions, upon submitting the questionnaire, the form will be received by the Surgery via this online system.

Once the form is submitted on eConsult, the patient will receive a copy via email. This email will

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contain the unique reference number relating to the form and is for possible future use in the event of the Surgery having to be contacted at a later date.

The Practice will aim to respond to requests on the same day if the eConsult form is submitted before 2pm. If the message is sent after 2pm, we will aim to respond by end of the next working day.

The Practice may respond in a variety of ways, based on information provided or the urgency of the condition:

- If appropriate, an appointment with a Clinician may be offered, either on the day or for a later date.
- The patient may receive a phone call from a Health Professional at the Surgery; this is because a face-to-face appointment may not be needed to resolve the issue. This will save a visit to the Surgery
- Patients may be referred directly for investigations or a hospital appointment to further investigate symptoms
- Patients may be directed to another Health Professional outside the Surgery, as they may be best placed to offer the advice or support needed. This could include local pharmacy support, a minor injuries unit or other services such as physiotherapy
- Patients may be directed towards the appropriate self-help advice

Note: At all times the Surgery will protect patient privacy and cannot discuss personal matters unless the Surgery is certain they are speaking to the correct patient, or someone authorised to speak on their behalf.

### What if I can't or don't want to use the eConsult service and just want to see a doctor?

All our appointments for all GPs are now triaged using the eConsult system. Whether that be by the patient completing the questionnaire themselves or; when patients are unable to use or access eConsult our Patient Advisors will complete the eConsult health questionnaire with the patient.

#### **HINT**

The fastest way to complete a request will be for the patient to do this themselves online. Once completed, whether online or on the phone, all requests will be reviewed by our clinicians in the same time frame (same day response if sent before 2pm). Method of contact is not given priority over another i.e. phoning a request will not mean patients are seen any quicker than if completed the request online themselves.

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### How will you benefit from eConsult?

- eConsult allows patients to seek advice from the Surgery or help manage their own condition or symptoms at all hours of the day, from any location.
- The service will make interacting with the Surgery more convenient. Patients may not have to come into the Practice to get help. This could avoid unnecessary leave from work or if feeling poorly at home, patients may avoid the discomfort of an unnecessary journey to the Surgery
- Patients will not have to queue on the telephone. They will simply complete the request online to tell the Surgery why help or advice is needed. The Surgery will respond if a face-to-face appointment is needed, and ring the patient to arrange this.
- If the problem can be treated without an appointment, it can save a trip to the Surgery. Instead a Clinician may call to discuss the next steps, arrange for tests before a face-to-face appointment, or send a prescription to the local pharmacy to be collected
- Patients with the most urgent issues will be identified quickly and dealt with earlier than the current system allows. This is because the Surgery will already have an idea of why help is needed. This will improve safety by ensuring those who need help quickly get it.
- Patients who have appointments will more likely be seen on time because we will have allocated the correct amount of time to patient appointments.
- Patients who cannot use eConsult will be able to get through on the phone quicker because a majority of our requests are being sent electronically.
- A GP may not be the most appropriate person to see. eConsult assists the Surgery to identify the problem, determining the most appropriate member of staff to conduct the consultation.
- Using the information provided, together with knowledge built into eConsult and with a Clinician reviewing the questionnaire; a decision can be made on how urgently a patient needs to be seen.

### Exceptions

Patients who fall into the following categories will need to continue to call the Surgery and arrange their appointments

- Patients requesting **appointments with a nurse** (wound care, dressings, injections, diabetes review, asthma/COPD review etc.)
- Babies **aged under 6 months old**
- Patients receiving **end of life care or palliative care**
- **Bedbound patients** needing attention
- **Nursing home residents**

### Can I submit an eConsult for someone else?

Generally, patients using the eConsult service should submit requests based on their own

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symptoms or conditions.

As a parent or guardian of a child between the ages of 6 months to 18 years, you will be able to submit requests on eConsult about symptoms or conditions of their child.

In some cases, people need help submitting their requests on eConsult. Friends and Family can assist in completing the form provided consent has been obtained.

### **Can a young person or child under 18 years old contact the surgery confidentially without involving their parents/legal guardian?**

For patients under 18 years old, the current eConsult system requests a parent or legal guardian's contact details. We understand that there may be some times where a child or young person may want to contact the surgery by themselves.

If you are under 18 years old and wish to seek advice from a doctor without your parents/guardian being contacted, please phone the surgery and we will be able to arrange this for you.

### **Can I still book an appointment with my GP for a future date?**

If a Clinician has advised they would like to review you in a follow up appointment please complete an eConsult the day before you want to see your clinician. Please specify in a free text area that you were seen previously, by whom and how your symptoms are looking. We will always look to accommodate this request.

### **At what time will the Surgery review patient health questionnaires each day, and what happens if a patient submits a health questionnaire after that time?**

During Surgery opening hours, clinical staff will review submitted health questionnaires throughout the day. Questionnaires submitted before 2pm will receive a response by the end of that working day. If submitted after 2pm, you will receive a response by the end of the next working day.

As you complete your health questionnaire, the system is deciding which questions you need to answer next. If your answers to these questions indicate you need to be prioritised, the system will flag your case to be dealt with as a priority. During Surgery opening times, any health questionnaires submitted, and determined to be a priority, will be seen by a clinician that day.

### **Will all health questionnaires submitted on behalf of a child receive a call back from a GP?**

Children will always be prioritised and the parent or guardian will always receive a call back or a text message with an appointment time. Always let us know if there is a time that you cannot take a call or attend the surgery in a free text area of the eConsult questionnaire. We cannot guarantee that we will manage it but we will always look to accommodate.

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### **If a GP decides that a patient needs to be seen again in about a week, how does this work?**

Patients that require a follow-up appointment need to complete an eConsult health questionnaire to request this. They should state that the GP is aware of the reported problem and has asked for a follow up appointment. This will be checked against the patient record prior to arranging the appointment.

### **Can a patient with a complex condition see the same doctor for each follow-up appointment?**

If the triage team believes a patient's clinical condition can wait until a preferred GP is available, they will try to place the appointment with that GP. We always aim to provide our patients with continuity of care.

### **Can a patient request a date and time for an appointment/ call back?**

At present there is no facility for this however we are recommending our patients let us know times you are UNAVAILABLE to take a call or attend the surgery in a free text area of the eConsult questionnaire. We cannot guarantee that we will manage it but we will always look to accommodate.

### **If a patient has begun filling out a health questionnaire but suffers internet or computer problems before they are able to click 'Submit', what should they do?**

Please start the health questionnaire again.

### **Do patients need to register to use the eConsult system and do they need a password?**

Patients are offered the option to sign in with an NHS login, however this is totally optional. If you do sign in with an NHS login, it will save you from having to type in your name, date of birth, contact details each time you use eConsult.

There is no requirement to sign up, when offered to sign in patients can click "Continue as guest" and receive the same service.

### **Can computers at a library be used to complete the form?**

Yes. Patients can use a computer at a library to access eConsult if they already have a library card. Patients without a library card can enrol, bringing along a form of identification with their name and address. For example, they can use a driving license, utility bill or property agreement.

### **Should patients use eConsult for Travel Clinic enquiries?**



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Yes. There is a comprehensive travel form available on eConsult. You can access this by typing 'travel' into the search box on the conditions page. Once submitted a patients form is passed to our Practice Nurse for review. The Practice Nurse will then contact you to discuss your vaccination requirements. We need at least 4 weeks to accommodate these requests. If you are travelling sooner than this you will need to attend a private travel clinic.

### **What if I have hearing difficulties?**

Your current arrangements will not change.

### **What if I have sight and reading difficulties?**

Please contact the surgery to discuss this with our Patient Advisors.

### **When we receive call backs from the Surgery, the call display on our phones show as 'Unknown'. Can this be changed?**

If you require our number to be displayed when calling, please include this information in a free text area of the eConsult questionnaire.

### **I have to hand in my phone when I start work, so how can answer if you call me back?**

We are recommending to patients that they let us know times that they are UNAVAILABLE to take a call or attend the surgery in a free text area of the eConsult questionnaire. We cannot guarantee that we will manage to arrange an appointment or call at this time, but we will always look to accommodate.

### **If a patient has a long-term medical condition and receives a letter requesting they book an appointment with a nurse, should they use the eConsult system?**

No. Please call the Surgery to make an appointment.

### **If I do not need to use eConsult for a specific Nurse Appointment, when can I call the Surgery?**

Our opening hours are Monday to Friday 08.00 – 18.30. You can call us during these times.

### **Does the eConsult system affect other NHS services?**

No. This does not change your 111, A&E or hospital services.

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### What if a patient has more than one condition to report?

If the conditions are related, there is somewhere to record this on the health questionnaire. If not, patients will need to complete a separate questionnaire.

### What happens when you need a repeat prescription but haven't got the slip?

We would encourage patients to sign up for the NHS app to request their repeat prescriptions without needing a slip. Further information is available from [ivy.gs/nhsapp](http://ivy.gs/nhsapp)

If you contact NHS 111 on recommendation of eConsult and the staff at NHS111 tell you to contact the GP surgery we MAY still ask you to complete an eConsult.

NHS111 use similar templates to those available in eConsult and so please ensure you answer the questions asked by eConsult in a similar fashion.

### Can eConsult be used for Mental Health concerns?

Yes and It is very important that patients with mental health concerns do use the eConsult questionnaire. The questionnaire asks the Patient sensible questions that a clinician would ask the patient in surgery. Completing the questionnaire in advance allows patients to take their time and answer the questions carefully and truthfully without feeling pressured in a 10 minute appointment. There are dedicated templates for depression and anxiety within eConsult that can be found using the search facility.

Mental health questionnaires for children under 18 years old are currently under development but not yet available. Please submit a request using "My child is generally unwell" for mental health problems in children.

### How can patients vulnerable adults get appointments to see their GP?

Thank you for your concern for these patients. Our trained Patient Care Advisors know the process on how to help these patients.

### I feel that I need an appointment today and cannot wait until the next working day, how can I arrange an appointment?

If you have an acute medical emergency, like a suspected heart attack or stroke, or heavy bleeding, you must contact 999 or attend A&E immediately. Please do not submit an eConsult. If you are unsure what to do, ring 111, use the [111 online triage service](#) or visit our [symptom checker](#)

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Patients requiring a same day appointment are encouraged to send in a message using eConsult before 2pm. All messages received before 2pm will be reviewed by a doctor by the end of the day to assess urgency and you will receive a response on the same day.

If it is after 2pm, you are still requested to submit a request using the eConsult system. If your condition is deteriorating or you remain concerned that your problem needs attention today then please contact the surgery.