



Public Health
England


SMOKEFREE

3 million

children are exposed
to secondhand smoke
in the family car

86%

of children would
like adults to stop
smoking in the car

But only

31%

feel like they can
ask them to stop

Tobacco smoke
contains more than

4,000

chemicals, including
many toxins

Secondhand
smoke leads to

300,000

GP visits and approximately

9,500

hospital admissions
by children each year

80%

of secondhand
smoke is invisible

There is **NO**
safe level of
secondhand
smoke

Children are more vulnerable to secondhand smoke because they breathe more rapidly and have less developed airways, lungs and immune systems. Breathing in secondhand smoke can increase the risk of many serious conditions, including bronchitis, pneumonia and meningitis.