

## Domestic Abuse can affect anyone. It could be someone you know. It could be you.

Children, young people and families who are affected by domestic abuse or violence can get support, including refuge accommodation, by contacting Derbyshire Domestic Abuse Helpline which is available 24 hours a day, seven days a week.

Call 08000 198 668 and you will receive help from someone close by.

If it is an emergency, dial 999.

**Derbyshire Domestic Abuse Helpline 08000 198 668** 

## Domestic & Sexual Abuse Help - List of Contacts & Tear-off Slip

Updated June 2022

Derbyshire Domestic Abuse Helpline (available 24/7)	08000 198668
Relate (counselling services for individuals, couples and families)	01332 349177
Hadhari Nari (minority communities)	01332 270101
Trident Reach Domestic Abuse Support (confidential domestic abuse support services to women, men and children who are affected)	0121 226 5800
Millfield House (supporting victims of sexual violence)	01773 746115
National Domestic Abuse Helpline	0808 2000 247
The Respect Phoneline (service for men)	0808 802 4040
Childline	0800 1111
Forced Marriage Unit	01642 683 045
Victim Support Derbyshire	0800 612 6505
SAIL - Sexual Abuse and Incest Line	0800 028 2678
Survivors UK Helpline - support for men who experienced sexual violence	0203 598 3898

Derbyshire Friend (lesbian, gay, bisexual or transgender support service)	01332 207704
Safe Speak (counselling for 9-19 year olds)	01332 349177
Derbyshire Wish South (short term refuge for women and children)	01773 765900
Derbyshire Rape Crisis	01773 746115
Voice UK (supports vulnerable people, who have experienced crime or abuse)	01332 295775
Rape and Sexual Assault Support Line	01708 765200
NSPCC	0808 800 5000
Action on Elder Abuse (Hourglass)	0808 808 8141
Samaritans	116 123 (free)
Citizens Advice Bureau	0300 330 9002
Men's Advice Line (men in straight or gay	0808 801 0327
relationships who are or have experienced violence at home)	
Southall Black Sisters (for the needs of black Asian and Afro-Carribbean women)	0208 571 9595

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