

**NHS Foundation Trust** 



## **Dementia Palliative Care Team**

Telephone referrals should now be made via the Community Access Point

### call 01332 564900

and request the Dementia Palliative Care Team

The primary goal of the team is to enable improved palliative care for people living with advanced dementia, with mental and physical health needs in care homes/supported living or their own home. The resource will be focussed on ensuring the person remains at home (wherever home is) and avoiding unnecessary acute care admission.

The team will also support discharges from acute hospital beds and pathway 3.

We assess, plan care for and consult on people with advanced dementia and comorbid conditions which make care and treatment complex. We use an evidence based approach that supports palliative care for this group of patients.

- ✓ People with advanced dementia approaching the end of their life (acknowledge that unlike other terminal health conditions it is very hard to predict probable time to death)
- ✓ People with dementia & other terminal conditions
- People with dementia and comorbid health conditions
- ✓ People with dementia, frailty and delirium
- ✓ People with dementia that require support to advance care plan in the early stages of their condition

#### What we do:

Offer consultancy and advice, assessment and care planning for people with advanced dementia, palliative and/or end of life care needs including areas such as;

- Identify and manage symptoms associated with advanced dementia and end of life, i.e. pain, terminal agitation, nausea and vomiting, secretions, breathlessness
- Identify possible symptoms when a person is not able to clearly state what their symptoms are ie pain
- Palliative care needs holistic assessment
- End of life care planning
- Advance Care Planning
- Support with physical, emotional and psychological issues
- Advice/signposting on social/ financial concerns
- Advice and support coming to terms with the progression of dementia and Alzheimer's and likely deterioration
- Support and management of co-morbid conditions
- Delirium
- Polypharmacy and medication rationalisation (where appropriate)
- Offer education and signpost to further educational resources

#### Who should refer:

- Self-referral including family and carers
- Community teams mental health teams, district nursing, dementia rapid response, Reablement teams, social care, ANPs
- GP/primary care
- Care home
- Hospital ward/discharge teams/A&E for home follow up

# For direct professional contact to the team:

Duty mobile: 07917 515773

Email:

dchst.dementiapalliativecareteam@nhs.

Hours of operation

09.00 - 17.00 Monday to Friday

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Compliments, comments, concerns or complaints? If you have any compliments, comments, concerns or complaints and you would like to speak to somebody about them please call 01773 525119 or email dchst.patientexperienceteam@nhs.net

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Call: 01246 515224 or

Email: dchst.communications@nhs.net V1 Review Sept 2021