

BELPER DROP IN

WE ARE A FRIENDLY PEER LED DROP-IN GROUP FOR ANYONE, 18+ WHO LIVE WITH, EXPERIENCE OR HAVE BEEN DIAGNOSED WITH DEPRESSION, ANXIETY OTHER MENTAL HEALTH CONCERNS OR ARE FEELING ISOLATED.



THURSDAYS



12.45 - 2.45



STRUTT'S CENTRE,
DERBY ROAD, DE56 1UU

THE DROP-IN GROUP OFFERS AN OPPORTUNITY TO CONNECT WITH OTHERS WHO ARE HAVING SIMILAR EXPERIENCES

**FOR MORE INFORMATION
PLEASE CALL 01773 734989**

Derbyshire Recovery & Peer Support Service